

Mountside

Providing the very best in care
for people in their later years



A photograph of two elderly women sitting in a purple armchair. The woman on the left is wearing a red vest over a pink floral patterned blouse and has her hand on the woman on the right's arm. The woman on the right is wearing a black and white patterned top and is smiling. The background shows a television screen and floral curtains.

Everyone was kind and helpful and very nice to us. My Uncle always said very positive things and seemed to be very relaxed.

Margery S

(Niece of resident at Mountside)

Welcome to Mountside Care Home

helping you blossom



As a member of ACI Care, Mountside is part of a family of high-quality care homes.

Mountside Care Home sits in the beautiful location of Hastings, where residents and their family can feel close to nature, breath in the fresh sea air, and have easy access to many amenities in Hastings Old Town.

Our team of dedicated carers provide personalised care tailored to each of our residents, because we understand that everyone has different capabilities and needs. We pride ourselves in watching residents blossom under our care, which we truly believe reflects our three key principals: accessibility, compassion and independence.

We seek to create a lifestyle where our residents can rediscover their sparkle. We enjoy watching residents become integrated in the Mountside community through a host of activities, events and entertainment that really makes Mountside feel like an extended family.

our care services

We offer various types of care, which are all tailored around each resident's needs.



Residential care

From getting dressed, to assistance moving around, our 24/7 residential care provides the support you or your loved one need with everyday tasks. At Mountside, we cater to all levels of support whilst allowing residents to maintain their independence.

Dementia care

We stay away from a 'one size fits all' approach, and this couldn't be more important than with dementia care. Our highly trained dementia care specialists provide quality bespoke care to your loved one, making them feel understood, content and safe.

Respite care

Enjoy all of the benefits our permanent residents receive, but on a short-term basis. Respite care will provide peace of mind if family members are going away, or even if you're recovering from a hospital stay and need a little extra help during recovery. We provide relevant care to suit you.



life at Mountside

Offering an excellent standard of care within a cosy, homely environment.

Whether you're a long-term resident or receiving short term respite care, we offer fantastic facilities to make sure everyone feels at home and part of our family.

- Daily events provided by both staff and volunteers
- Regular live entertainment
- Bedrooms with a mix of en-suite, wet-room and washing facilities
- Beautiful gardens
- Two spacious lounge rooms and two dining rooms
- TV room
- Hairdressing Salon
- Delicious home cooked meals prepared by our in-house catering team
- Coastal location
- Residents can bring their own furniture if required
- Television and phone points in each room
- Internet access
- Wheelchair access and lift

the Mountside lifestyle

As part of our commitment to transform our residents' lives, our lifestyle provides something for everyone.

Our busy events calendar encourages our residents to rediscover old hobbies, or discover something new. Residents regularly enjoy bingo, singing, dancing, quiz night, ball games and watching live entertainment. They also enjoy trips out to the local shops and pub!

We also appreciate how important it is to eat a healthy, well-balanced diet, not just for your physical health but your mental health too. Mealtimes are always a sociable occasion at Mountside, where residents enjoy freshly prepared, home cooked meals three times a day.

Our beautiful coastal location means that there are plenty of places to explore. Whether it's a trip down to Hastings Beach for an ice cream or visiting local attractions such as Alexandra Park, Hastings Old Town or Hastings Pier. There are lots of opportunities for days out when family and friends come to visit.





Whatever your care needs, get in touch with our friendly team to discuss how we can transform your later life for the better.

At Mountside we aim to support older people to live happy, healthy lives that are free from isolation, prejudice and discrimination. We aim to live and work together peacefully and inclusively.

Anyone who lives or works at Mountside, and their contacts, should understand that we will not accept language or behaviour that discriminates or makes people feel afraid.

Mountside will support anyone regardless of cisgender or identified gender, gender reassignment status, sexual orientation, marital or civil partnership status, age, race, colour, nationality, ethnic or national origin, disability, pregnancy or maternity, responsibility for dependents, trade union or political activities, religion, faith or other beliefs, or health status

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